

SIGNS OF THE ZODIAC

♈ **Aries the Ram** – Cardinal Fire, ruled by Mars

Archetypes: Warrior, Pioneer, Leader, Hero, Innovator, Athlete, Daredevil, Survivor, Fool

Constructive: leadership, strength, courage, action, independence, innovation, honesty, enthusiasm, survival, heroism

Shadow: impatience, bravado, selfishness, judgment, self-absorption, antagonism, belligerence

Parts of the body: head, brain, eyes

♉ **Taurus the Bull** – Fixed Earth, ruled by Venus

Archetypes: Earth Goddess, Steward, Builder, Farmer, Conservationist

Constructive: sensuality, grounding, endurance, pleasure, stability, tranquility, reverence, abundance, security, pragmatism

Shadow: gluttony, stubbornness, materialism, possessiveness, laziness, greed, stagnation, inflexibility

Parts of the body: neck, throat, jaw, thyroid

♊ **Gemini the Twins** – Mutable Air, ruled by Mercury

Archetypes: Witness, Storyteller, Trickster, Journalist, Student, Magician, Messenger, Salesperson

Constructive: perception, intelligence, communication, open-mindedness, multi-tasking, curiosity, adaptability, versatility, quick wit

Shadow: over-extension, nervousness, restlessness, talk without substance, lying, unreliability, indecision, distraction, superficiality

Parts of the body: lungs, shoulders, arms, hands, nervous system

♋ **Cancer the Crab** – Cardinal Water, ruled by the Moon

Archetypes: Mother, Great Mother Goddess, Healer, Caretaker, Nurturer

Constructive: nurturing, resourcefulness, domesticity, creativity, rootedness, sensitivity, intuition, imagination, receptivity, protectiveness

Shadow: moodiness, over-attachment to the past, hyper-sensitivity, stagnation, tribalism, hoarding, smothering, codependence

Parts of the body: breasts, stomach, womb

♌ **Leo the Lion** – Fixed Fire, ruled by the Sun

Archetypes: Artist, Child, Performer, Diva, King/Queen, Rock Star, Leader

Constructive: self-expression, leadership, generosity, spontaneity, joy, celebration, courage, uniqueness, innocence, charisma, loyalty

Shadow: melodrama, willfulness, ego-inflation, pride, self-aggrandizement, superiority, arrogance, entitlement

Parts of the body: heart, spine

♍ **Virgo the Virgin** – Mutable Earth, ruled by Mercury

Archetypes: Servant, Priestess, Witch, Doctor/Healer, Critic, Analyst, Perfectionist

Constructive: skillfulness, refinement, service, discrimination, efficiency, pragmatism, clarity, humility, intellect, synthesis, purification, health-conscious

Shadow: perfectionism, judgment, over-analysis, pettiness, workaholicism, martyrdom, self-doubt, hyper-criticism, hypochondria, crisis, emptiness

Parts of the body: intestines

♎ **Libra the Scales** – Cardinal Air, ruled by Venus

Archetypes: Diplomat, Peacemaker, Lover, Artist, Socialite

Constructive: collaboration, cooperation, peace, beauty, compassionate detachment, equilibrium, diplomacy, justice, graciousness, social skills

Shadow: indecision, laziness, insincerity, co-dependence, passivity, insecurity, lack of self-awareness, superficiality, manipulation

Parts of the body: kidneys, low back

♏ **Scorpio the Scorpion** – Fixed Water, ruled by Mars (Pluto)

Archetypes: Magician, Sorceress, Detective, Dark Goddess, Psychologist, Shaman, Priestess, Edge-Walker

Constructive: emotional depth, healing, survival, transformation, compassion, intimacy, alchemy, power, instinct, loyalty, perseverance

Shadow: abuse of power, secrecy, judgment, emotional repression, paranoia, obsession, control, revenge, manipulation, over-intensity, crisis

Parts of the body: genitals, reproductive system, elimination system, sweat glands

♐ **Sagittarius the Archer** – Mutable Fire, ruled by Jupiter

Archetypes: Philosopher, Gypsy, Teacher, Globetrotter, Adventurer, Guru

Constructive: expansion, exploration, enthusiasm, resilience, abundance, adventure, intuition, faith, understanding, wisdom, optimism

Shadow: self-righteousness, intolerance, over-extension, imprudence, fear of commitment, over-indulgence, fanaticism, tactlessness

Parts of the body: thighs, buttocks, hips

♑ **Capricorn the Sea Goat** – Cardinal Earth, ruled by Saturn

Archetypes: Father, Hermit, Boss, Manager, CEO, Authority

Constructive: introspection, wisdom, self-discipline, pragmatism, patience, integrity, humor, perseverance, power, high standards, long-term perspective

Shadow: fear, coldness, materialism, depression, workaholicism, authoritarianism, isolation, opportunism, rigidity, control, pessimism, cynicism

Parts of the body: knees, bones, teeth

♒ **Aquarius the Water Bearer** – Fixed Air, ruled by Saturn (Uranus)

Archetypes: Revolutionary, Innovator, Scientist, Genius, Networker, Activist, Outsider, Truth-Teller

Constructive: creativity, freedom, individuality, humanitarianism, community, team player, objectivity, future vision, idealism, truth, friendship

Shadow: stubbornness, “rebel without a cause,” alienation, emotional detachment, living in the future, undependability

Parts of the body: ankles, lower legs, circulatory system, electrical system

♓ **Pisces the Fish** – Mutable Water, ruled by Jupiter (Neptune)

Archetypes: Dreamer, Mystic, Visionary, Artist, Poet, Musician, Psychic, Healer, Martyr

Constructive: intuition, creativity, healing, peace, oneness, sensitivity, compassion, consciousness, higher vision, service, imagination

Shadow: aimlessness, depression, addiction, escapism, lack of boundaries, victimization, martyrdom

Parts of the body: feet, lymphatic system